

Pasta any type and shape
Cereal
Canned tuna
Canned beans (norefried)sopeople
gets more options and how to cook it)
Cookies/snacks(low need)
Mayonnise
Rice
Beans
Cooking oil
Suggar
Salt
Coffee (insta)
Paper towels
Cheese (Mozarella,Chihuahua,
mexican crumble,parmesan,)
Vegetables
Broccoli,
Potatoes
Tomatoes,onions,
Lime
Lettuce
Carrots
Laundry detergent
Soap
Dish soap
Tortillas Corn
Tortillas flour (low need)

Celery (Low need)
Cucumber
Avocato
Zucchini
Bell pepper
Spinach(low need)
Cilantro
Oranges
Mangos
Grapes
bananas
Tangerines
Apples
Quinoa (Low need)
Protein bars
Peanut butter
Honey
Spaghetti Sauce

CROSSOFGLORY
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M-F 1-5